



UBOC 10th Anniversary Sprint Relay

Saturday 16th September 2017
University of Bristol Precinct



- Transport:** Walking/cycling is strongly encouraged – the event assembly is outside the University of Bristol School of Chemistry which is on the south end of the main campus. All competitors should approach along Cantock's Close from the junction with Woodland Road. The route to the assembly from here will be taped. Bike racks are available at assembly.
- Car Parking:** There is no dedicated parking for the event. Free on-street parking over the weekend can be found 500m away on Woodland Road (BS8 1UQ) whilst pay-and-display on-street parking on Woodland Road (BS8 1UL) brings you slightly closer. The nearest multi-story parking is 500m away in Trenchard Street Car Park (BS1 5AN).
- Map:** 1:4000, 2.5m contours, ISSOM 2007, overprinted with course on waterproof paper, size A4. Surveyed in 2017 for the event by Ben Mitchell. The listed symbols represent areas/lines that must not be entered/crossed. Anybody caught doing so will be disqualified as you jeopardise our future use of the area. See the final two pages for additional map information.
- Terrain:** University campus, parkland and intricate housing estate. No studded shoes. The courses will climb the university hill but do not have a significant amount of climb.
- Format:** 2x2 Sprint Relay. Competitors run in teams of two, each alternating running two legs in total.
- Courses:** Age-handicapped between 1.5km-3km. Juniors on all other courses must be accompanied by a responsible adult (see separate note at registration, or download)
- Registration:** 12:15-12:40. Lower concrete paved area outside the School of Chemistry. Very limited EOD - entrants are advised to email the organiser to be pre-allocated a team. Pre-entered teams should arrive within good time to collect their bibs.
- Start/Closure** Briefing at 12:45, mass start at 13:00. Course closure at 15:00.
- Entry Fee:** Juniors and students £4, seniors £8. Entries are available via www.fabian4.co.uk. Entries on the day will be required to complete a details form, which can be [downloaded](#) or obtained at registration. Dibbers are available for hire: £1 for seniors and free for juniors and students free. Lost dibbers will be charged at £30.
- Punching:** Classic SI electronic punching. SI Air will not be enabled.

Out Of Bounds	
Private Land	
Impassable Vegetation	
Uncrossable Wall	
Uncrossable Fence	
Temp construction	

- Facilities:** A first aider will be in attendance. Bring your own drink. There will be no toilet at assembly.
- Safety:** Adult courses cross some fairly busy roads. The busiest road must be crossed at the marked crossing point. The road itself is marked OOB but participants can run on the pavements.
There are lots of stairs, alleyways and blind corners which could have other cyclists or pedestrians coming around them – take care and run wide.
All competitors take part at their own risk and are responsible for their own safety.
- Dogs:** No dogs.
- Officials:** Organiser: Matthew Pickering (UBOC) matthew.pickering@bristol.ac.uk, 07519781965
Planner: Megan Carter-Davies (UBOC)
- Thanks:** University of Bristol Orienteering Club extend their continued thanks to BOK for the loan of equipment and support in running the event. Without their assistance it would have not been possible to run the event. We also thanks the first aid volunteers, Tommi Grover and Lawrence Jones for helping to run the event.
- Data Protection:** Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.

Further details and latest information on the UBOC website:

<http://www.uboc.org.uk/uboc-at-10>

Changeover

Dotted black lines are cones.

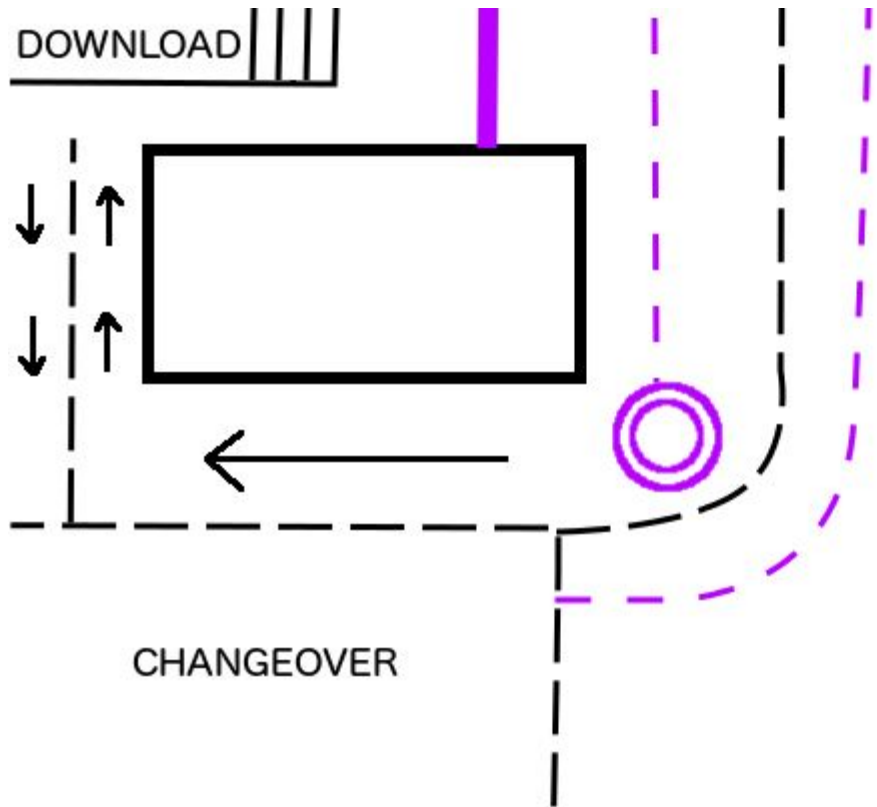
Solid black lines are walls

Competitors punch the finish control before tagging their partner.

They then move to underneath the changeover area where they, in order:

1. Download
2. **Clear**
3. **Check**
4. Collect new map

Once with a new map they move back up the stairs to the changeover where there will be another check box.



Map Info

Map Scale is 1:4,000 with contour interval of 2.5m drawn to ISSOM 2007. Surveyed and drawn in Summer 2017 by Ben Mitchell.

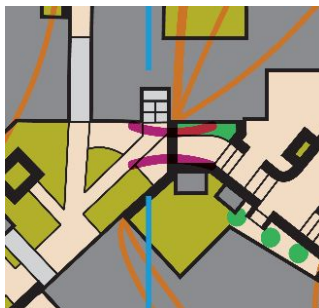
Please abide by the rules of sprint and do not attempt to cross anything mapped with an uncrossable symbol.

- Pavement lines have only been shown where they aid navigation. Benches, Bike / Bus Shelters are not mapped.
- Some of the minor roads within the University Precinct have had the pavement lines omitted to aid clarity.
- Blank maps will be on display in the arena.
- There is some building work going on within the mapped area. In general, long term building works have been mapped using the solid purple symbol (Do Not Enter), which gives an effective picture of what to expect.
- The area has a wealth of urban detail – canopies, steps, narrow alleyways etc. Some parts will require very careful navigation.

LEGEND

Wall - Forbidden to cross	—
Fence - Forbidden to cross	— / —
Hedge - Forbidden to cross	—
Private property / Flower beds - Forbidden to cross	■
Construction area - forbidden to cross	■
Out Of Bounds	
Playground equipment	x
Sculpture / Ornament	o

- The majority of runners will need to pass through a crossing point which was impossible to map without obscuring one of the running levels. This is marked with the crossing point symbol as shown below;



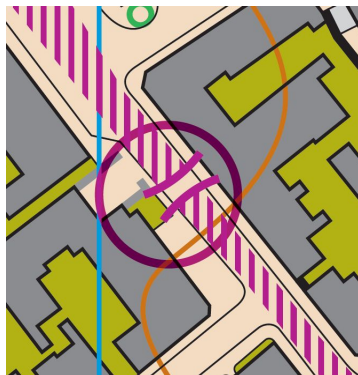
Planner's comments

- The courses have been handicapped based on age in order to make the relay more exciting.
- A balance has been made between distances while also trying to allow everyone to experience the trickiest parts of the map.
- Due to traffic on various roads (Tyndall Avenue is on a bus route) juniors will be confined to the area South of Tyndall avenue.
- Courses have been planned so that the fastest times on each course will be in the range 12-15 minutes.

- Some courses will visit a control at a zebra crossing. (see below) This will **NOT be a timed crossing**. It is simply there to ensure runners get across the road safely.

This control will be visited **twice** by everyone who has it on their course.

- Also to all adult competitors, there are several road crossings without zebras so look left and right, listen and be safe.
- The start will be up a wide flight of stairs please be careful.
- All courses will share the same last control. The finish will be clearly marked from there.



- Runners will first: Punch the finish then tag their teammate and then go straight to download in a timely fashion. You won't have long before you need to run again!
- There are no specific spectator controls.
- Lastly please be careful to avoid collisions with other orienteers and members of the public. Especially when cornering or along narrow passages. Respect other road and path users.